



Mr Quyen Ngoc TRAN

Portfolio Development and Quality Manager, HelpAge International

Quyen has more than 30 years' experience working in research, emergency response and community development in Asia. His roles in the region and globally is to provide technical support in areas relating to age-friendly livelihood, disaster response and preparedness, healthy and active ageing, community base-care, age-friendly cities and communities, policy advocacy and in the establishment and capacity building of Older People Associations (OPA). Since 2003, he and his team has been working with country offices and network members to developed and expanded OPAs that follow the community driven development (CDD) approach, which are community-led, multifunctional, cost-effective, affordable, sustainable, and replicable in low resource communities throughout the Asia and Pacific region. By the end of 2020, millions of OPAs with hundreds of millions of members have been established and continue to expand rapidly in the region. Looking beyond Asia, the OPA model has being successfully piloted in Africa and the Middle East.

Since 2015, he has conducted annual regional OPA (TOT) training courses for development practitioners and policy makers in the region and beyond. With respect to COVID-19, he has also supported OPAs in Asia to develop intervention to reduce the impact of COVID-19 on older people and others at-risk group.



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國際助老會項目組合發展及品質經理

Quyen從事亞洲研究、緊急應變和社區發展工作擁有超過 30年經驗。他在亞區和全球上支援年齡友善生活、災難應變及備災工作、健康及活躍樂齡，社區照顧、年齡友善城市及社區、政策倡議以及成立老年人士協會（Older People's Association (OPA)）和提供相關培訓。自2003年，Quyen及其隊伍一直與不同國家辦事處和網絡成員合作，發展及擴展運用社區推動發展（community driven development (CDD)）模式的 OPAs，由社區帶領、多功能、具成本效益、可負擔、可持續、並可在亞太區資源有限的社區複製套用。至2020年尾，過百萬的OPA以及數億名會員已經成立，數量更仍然在區域內快速增長。亞洲以外，OPA模型亦在非洲和中東成功實驗。

自2015年起，Quyen為多國的發展工作者和政策制定者舉辦一年一度的OPA (TOT) 區域訓練課程。另外2019冠狀病毒方面，Quyen支援亞洲的OPA開發干預計劃，減低病毒對於長者及其他風險群體的影響。